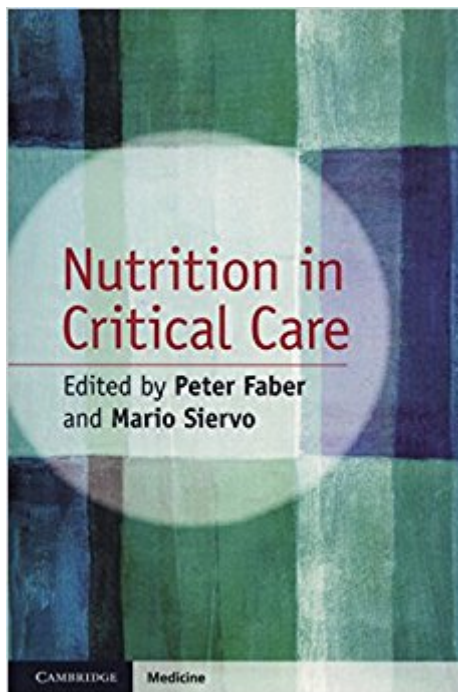


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Nutrition In Critical Care



Synopsis

The association between poor nutrition and disease is well established. Integrating nutritional sciences into clinical practice offers a valuable tool to improve patient care and prognosis, particularly within the critical care environment where nutrition is often overlooked. However, optimizing nutritional support offers a safe and simple adjunct to more expensive and technologically challenging treatments for these complex patients. This volume provides comprehensive guidelines for the nutritional support of critically ill patients and is valuable reading for doctors, nurses, dietitians and practitioners working within the critical care environment. It begins by discussing nutritional physiology and patient assessment, providing an essential foundation for planning and managing the dietary requirements of critically ill patients. Internationally-recognized authors present evidence-based guidelines for managing various groups, including surgical patients, patients with burns, and patients with renal failure. The implications of enteral vs. parenteral nutrition, timing of nutritional support, therapeutic strategies, and management of complications are discussed.

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Customer Reviews

Within the critical care environment, nutrition is often overlooked in treatment plans; however, optimizing dietary requirements is a simple, safe adjunct to other treatments. This accessible volume provides guidelines for the nutritional support of critically ill people and is valuable reading for doctors, nurses, and dietitians working with these patients.

Peter Faber, MD, PhD, FRCA, FFICM is a Consultant Cardio-Thoracic Anaesthetist, Department of Cardiac Anaesthesia, Aberdeen Royal Infirmary. Mario Siervo, MD, MSc, PhD, RPHN is Lecturer in Nutrition and Ageing, Human Nutrition Research Centre, Institute for Ageing and Health, Newcastle University.

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